



Bleach Bath Instructions

- 1) Add ½ cup of household bleach to a full bathtub.
- 2) Soak in the water up to your neck for 20 minutes. (Do the best you can with children soaking)
- 3) Bathe 3 times the first week, 2 times the second week, and maintain with once-a-week bleach baths.
- 4) Rinse well.
- 5) After the bath, pat dry.
- 6) Apply any creams, topical medications, and/or moisturizers within 2-3 minutes of getting out of the bath.

AVOID

- Eye contact
- Splashing
- Bubble Bath
- Contact With Clothing

USE

- White towels/washcloths