

## PREOPERATIVE INSTRUCTIONS

You are scheduled for an outpatient surgery. Please read these instructions before your surgery.

- Please hold the following medications if you are able: all over the counter pain medications except Tylenol/acetaminophen, vitamin E, garlic, ginger, and Ginko. If you are taking blood thinners please check with your prescribing physician.
- Please arrive 10-15 minutes early for your appointment. This allows is to stay on time for your procedure and the procedures of our other patients.
- Depending on the procedure you are scheduled for insurance may determine it as a cosmetic procedure and deny coverage. Please discuss this with a nurse prior to your appointment if you have questions.
- Every specimen removed is sent to pathology for diagnosis. Your specimen will be sent to the lab determined by your insurance, unless the doctor requests it to be sent elsewhere for a more definitive diagnosis. This lab will bill your insurance company separately from our office.
- We will call you with the results of the biopsy/removal. They are usually available 10-14 days from your appointment. **Please inform your nurse if you would not like the results left on your voice mail or with a family member.** If you have not heard from our office after 2 weeks of your appointment please call for results.